

301 Course Development

Social Emotional Strategies for Elementary Teachers

Module 1:

- Difference between IQ and EQ
- Use Emotional Intelligence 2.0 examples / scenarios
- Table and group discussions
- Definitions
- 5 domains of EI
- Video introduction
- Station Rotation
 - Ted Talk—Bradbury / Emotional Intelligence
 - Self-assessment via Forms
 - Trust and Rapport check-in with facilitator
 - Research article--Edutopia

Module 2:

- Steps to improve your EQ—use colored wheel
- SEL Core Competencies—expert groups
 - Self-management
 - Social awareness
 - Relationship skills
 - Self-awareness
 - Responsible decision-making
- “Cultivate an attitude of gratitude.”

Module 3:

- Students
 - Tolerance
 - ACE—Adverse Childhood Framework: Creating Safe, Stable, Nurturing Relationships and Environments for all children
 - Brain
 - Eric Jensen
 - Decisions
 - Behavior
 - Becky Bailey
 - Jim Kwik
 - Ruby Payne

- Homeplay—Reflect on and bring in classroom strategies already in use to support SEL

Module 4:

- Reflection on Homeplay
- Resources and classroom application
 - “That’s the boy with the broken brain.” YouTube—Jim Kwik
- Kristin Souers and Pete Hall—Fostering Resilient Learners
- TRIBES
- SEL Targets @ Tarwater—video of Diane Hale and team
- Other resources